Law Office of Sandra F. Banks

Call us for your free, 20 min phone consultation
(510) 213-7665

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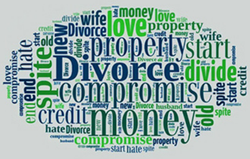
Let's Navigate The Path To A Brighter Future Together



- The Law Office Of Sandra F. Banks Is A Premier Family Law Firm Located In Oakland, California.
- With Over 30 Years Of Hands-On Experience, We Deliver Guidance And Legal Assistance That Is Tailored To Meet Your Unique Needs In A Diverse Range Of Family Law Matters.
- Our Firm Is Proud To Work Alongside Families Across The Bay Area. Strategically Located In The Heart Of Oakland, We Serve Alameda County, Contra Costa County, Solano County, San Mateo County, And San Francisco County.
- At The Law Offices Of Sandra F. Banks, Our Mission Is To Provide Caring And Personalized Support To Families Dealing With Legal Challenges.

What Documents Or Information Should I Bring With Me To An Initial Consultation?

Before you come in, we'll have talked on the phone, and I'll tell you what you'll need to bring based on your situation. If you have any financial documents, such as bank statements, you can bring those, and I'll let you know what other financial documents I'll need along the way...

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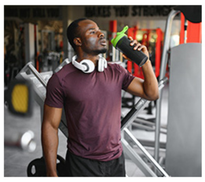

Protein Supplements Explained: How Much Protein Do We Really Need?

"High-protein" is the biggest buzzword in nutrition, having dethroned predecessors "low-fat" and "low-sugar" as the food industry's compound adjective of the moment. Historically the domain of lean meats, poultry, fish, eggs, beans, lentils, nuts, seeds, tofu and dairy products, you can now...

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10 Genius Ways To Make Water Taste Better So You'll Drink More

On the list of daily human needs, water is nonnegotiable. But lets be honest: Lots of us would rather drink something anything else. Still, water is the very best beverage around. It has zero calories, zero sodium, zero sugar, zero saturated fat, zero any of those things...

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If you, a friend, co-worker, acquaintance or family member need legal help, click or touch one of the practice areas below:

- Family Law
- Real Estate Litigation

RECIPE OF THE MONTH

Pasta Primavera

INGREDIENTS:

- 1 pound whole wheat spaghetti (or angel hair pasta)
- 2 tablespoons olive oil (plus more as needed)
- 3 garlic cloves (thinly sliced or minced)
- 1/2 pound baby squash and/or zucchini (diced in ¼-inch chunks)

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We Need Your Help...

Reviews are the lifeblood of our firm and help us to provide top-notch legal service to more clients. Everyone needs a good attorney in their corner. Help us to help others with your honest review - thank you!

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